



# Welcome to the land of Sunrise and Sunset

**HERNIA**  
Society of India

South Zone  
Conference

@ **Kanyakumari**

July 11th-12th 2014

In Association with  
IAGES

ASI - Tamil Nadu & Puducherry  
IMA - Nagercoil

# Invitation

Dear friends & colleagues,

Cape Comorin (Kanyakumari), the enchanting land's end of exotic sunsets and great sunrises, has been chosen to host the South Zone Conference of Hernia Society of India from 12th - 13th July, 2014. For the upcoming Conference, CME, 2-D & Live Demonstration on various types of Hernias would be held. The CME & Live workshop will address the-state-of-the-art advanced topics, innovative technologies and single port access.

The selected theme of the course is "What next in Hernia Surgery". A utilitarian update of information on all facets of Minimal Access Endoscopic Hernia Surgery would enrich your knowledge one notch further.

We are immensely pleased to welcome you to the southern most tip of the Indian subcontinent and are eagerly expecting to see you all there in July 2014.



Dr T Sivakumar  
Organizing Secretary



Venue: Shiva Hospital,  
Kanyakumari

# Welcome Message

Dear Friends

*It gives me great pleasure to invite you all for the Mid Term South Zone Hernia Conference of the Hernia Society of India (The Indian chapter of the Asia Pacific Hernia Society) during 11-12 July 2014 at Kanyakumari. This is a conference on one of the most commonly encountered problems in surgery and will be of immense interest to all surgeons. Well known national faculty will address all controversial issues and provide clarity to the present day approach to surgical management of hernia be it open or laparoscopy. The conference will also provide an opportunity for friendship, social networking and visit places of interest in the southern tip of India.*

*I am certain that the organizing committee under the leadership of Dr T Sivakumar will make this a grand scientific and social event. Don't miss this great opportunity! Look forward to see you in Kanyakumari.*

Best wishes.

Dr. M G Bhat  
President



## Message from the Secretary's Desk

Message from the Secretary's Desk Greeting to all the HSI members!

*The Hernia society of India is surely reaching new horizons year after year. The HSI has been a witness to mammoth change that Hernia repair underwent from conventional surgery to Endolaparoscopic repair. The surgical equipment and instruments have also undergone a sea change over last couple of decades. The HSI has strived to enhance and improvise the skill and technique of performing Hernia Surgery and to address the shortcomings and technical challenges faced along the way.*

*The Hernia society of India was established in 2006 by a group of like minded pioneers in the field of hernia surgery to highlights and bring forth the challenges and advancements in hernia repair. Today, HSI has a membership of over 800. This reflects the keen interest of surgeons towards this speciality as well as the untiring efforts of the pioneers in the field of Herniology.*

*The upcoming Zonal HSI conference (South Zone) is envisaged to be a comprehensive, scientific forum where leading herniologists will conduct a critical review. The Scientific program includes Live Surgical training workshops, debates, lectures, symposia, panel discussions and research work.*

*The zonal conference organized by Dr. Sivakumar is going to be held in the picturesque and scenic Kanyakumari famous for its beautiful beaches, rich history and natural charm. I am sure that the experience will be both intellectually fulfilling and delightful.*

*I wish the organizers all the success for this upcoming conference.*

Dr. Rajesh Khullar  
Honorary Secretary, HSI  
Joint Secretary, APHS



# Executive Committee of Hernia Society of India



Dr M G Bhat  
President - HSI



Dr Rajesh Khullar  
Honorary Secretary - HSI



Dr Manish Bajjal  
Hony. Treasurer - HSI



Dr H G Doctor  
Founder President - HSI



Dr V Venkatesh  
President - IAGES

## Zonal Vice Presidents

### East Zone

Dr Ramesh Agarwalla

### West Zone

Dr Vijay Borgaonkar

### North Zone

Dr Pawaninder Lal

### South Zone

Dr T S Balshanmugam

### Central Zone

Dr Sandeep Dave

## Executive Committee Members

- East Zone** Dr Satyapriya De Sarkar, Dr Satish Midha, Dr Vijay Kumar Mittal  
**West Zone** Dr Sunil Popat, Dr Anjali Dawle, Dr Jaising Shinde  
**North Zone** Dr Sumeet Shah, Dr Chawla, Dr Anubhav Vindal  
**South Zone** Dr K Kona Laxmi, Dr Alfred Joseph Augustine, Dr T Sivakumar  
**Central Zone** Dr Siddharth Tamaskar, Dr Deepak Saxena, Dr Ashwin Masurkar

## Faculty

- |                        |                         |                             |
|------------------------|-------------------------|-----------------------------|
| Dr. Pradeep Chowbey    | Dr. Sathish Midha       | Dr. J.S. Rajkumar           |
| Dr. H. G. Doctor       | Dr. Vijayakumar Mittal  | Dr. K. Govindarajan         |
| Dr. M. G. Bhat         | Dr. Sunil Pobat         | Dr. P. Praveen Raj          |
| Dr. Rajesh Khullar     | Dr. Anjali Dawle        | Dr. A. Zameer Basha         |
| Dr. V. Venkatesh       | Dr. Jaising Shinde      | Dr. Muhammed Ismail         |
| Dr. Manish Bajjal      | Dr. Sumeet Shah         | Dr. S.K. Ajayakumar         |
| Dr. Abhay N Dalvi      | Dr. L.P.Thangavelu      | Dr. Sabu Jeyaseharan        |
| Dr. John AC Thanakumar | Dr. Navaneetha Krishnan | Dr. Rubakaran Robinson      |
| Dr. Ramesh Agarwala    | Dr. Chawla              | Dr. Sunil J. Jeyaharan      |
| Dr. Vijay Borgaonkar   | Dr. Anubhav Vindal      | Dr. J.A. Jayalal            |
| Dr. Pawaninder Lal     | Dr. K. Kona Lakshmi     | Dr. Alfred Joseph Augustine |
| Dr.T.S. Balashanmugam  | Dr. Siddharth Tamaskar  | Dr. Rajkumar Palaniappan    |
| Dr. Ramesh Arthanari   | Dr. Deepak Sexena       | Dr. Premkumar Balachandran  |
| Dr. Satpriya De Sarkar | Dr. Ashwin Masurkar     | Dr. Sandeep Dave            |
| Dr. C. Palanivelu      | Dr. S. Eswaramoorthy    |                             |

# Local Organising Committee

## Organising Chairman

- Dr. J.A. Jayalal

## Organising Secretary

- Dr. T. Sivakumar

## Organising Treasurer

- Dr. I. Mahilan

## Chief Patrons

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- Dr. Sabu Jeyasekharan ▪ Dr. A. Nagarajan ▪ Dr. J.W. Ebinesh Bensam

## Patrons

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- Dr. Deva Prasad Jeyasekharan ▪ Dr. R. Sivarajan ▪ Dr. Navakumari Vijayakumar
- Dr. A.R. Ramasubbu ▪ Dr. A.N. Raja ▪ Dr. S.M. Kumar ▪ Dr. S.R. Kannan
- Dr. Rajkumar

## Advisory Board

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- Dr. M.R. Morris ▪ Dr. A.P.M. Abdul Khadir ▪ Dr. A.J. Bensam ▪ Dr. Balasundaram
- Dr. J. Chitra ▪ Dr. Sumithra Raghuvaran ▪ Dr. Vijayakumar ▪ Dr. B. Azhagesan
- Dr. C. Ponmoodi ▪ Dr. S. Ganesamoni ▪ Dr. U. Arunchalam ▪ Dr. Thiraviam Mohan
- Dr. K. Thanappan ▪ Dr. C. Manohar ▪ Dr. M.R. Vairamuthuraja ▪ Dr. Mohandass
- Dr. Ramadass ▪ Dr. A. Kabeer ▪ Dr. T. Muthiah ▪ Dr. P. Thiraviam

## Co - Organising Chairman

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- Dr. C. Gowthaman ▪ Dr. Rubakaran Robinson ▪ Dr. William J Bensam
- Dr. Sunil J Jayaharan ▪ Dr. M. Radhakrishnan ▪ Dr. Berylson Edward. G
- Dr. P. Senthilkumar ▪ Dr. D.Joseph ▪ Dr. Jayan ▪ Dr.T. Muthrethinam
- Dr. John Grifson ▪ Dr. Selvan ▪ Dr. S.K. Ajayakumar

## Committee Members

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- Dr. W. Samson Chellakan ▪ Dr. Carbin Joseph ▪ Dr. Ramasamy
- Dr. R.P. Jeyaraj ▪ Dr. D. Sam Sahayadhas ▪ Dr. S. William Charles
- Dr. Frank Davis Daniel ▪ Dr. S. Muthukaruppan ▪ Dr. Rinzie Mahesh
- Dr. Murugadass ▪ Dr. Sundara Narayanan

## Co - Organising Secretaries

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- Dr. Bala Vidhyasagar ▪ Dr. D. Thambithurai David ▪ Dr. Ajith Raghuvaran
- Dr. Gnana Nikyas Judson ▪ Dr. M. Nazeed Hussian ▪ Dr. Ajin Manova
- Dr. Aseer ▪ Dr. M.Johnson ▪ Dr. Prabhakaran ▪ Dr. Muhammed Jahaber
- Dr. Senthilkumar ▪ Dr. Antoine berty ▪ Dr. D.Sandeepkumar

## Organising Joint Treasurer

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- Dr. Raja Chidambaram ▪ Dr. Stalin Raja

# Highlights of Congress

## Live Workshop

- Primary tissue repairs
- Mesh based Hernia repairs
- Recurrent Hernia Repairs
- Endoscopy Vs Open Endoscopy Repair for
- Hiatus Hernia
- Diaphragmatic Hernia
- Ventral / Inguinal Hernia (IPOM)
- Inguinal Hernia (TEP/TAPP/Open)
- Femoral Hernia / Obturator Hernia

## Recurrence

- Biology of recurrence
- How to treat recurrent inguinal Hernia after Open / TEP / TAPP
- Recurrence as an important endpoint
- Recurrence as a problem for the trainee / expert

## Faculty Lectures

- Open hernia repair
- How I do primary Hernia repair under local anesthesia?
- Inguinal Hernia management: Endoscopy Vs Open
- Tension-free repair
- The shouldice repair: How often we do now

## Endoscopic Hernia Repair

- TAPP-fesiable in recurrence after previous preperitoneal mesh repair.
- TEP-fixation Vs non-fixtion.
- Sutureless glue Hernia repair.
- How long is the “Learning curve”?
- Why laparoscopic Hernia repair fails?

## Anatomy and cause of Hernia

- Furchaud : His contribution to inguinal anatomy.
- Abdominal wall closure and Hernia risk minimization.
- Anatomy of the posterior approach of abdominal wall.
- Biological reason for failure.
- What can we do to improve our results?
- Complication of Hernias.

Aetiopatho-  
genesis  
of Hernia

Hernia  
repairs and  
the need to  
standardize  
database

Recurrent  
Hernias  
and their  
Treatment

Free  
Hands on  
Training  
Knotting &  
Suturing

Occult  
Hernia  
how often  
are they  
missed?

Other  
rare  
hernias

Newer  
biomaterials  
and fixation  
devices

Quiz  
on  
Hernia

Win Exciting Prizes for Quiz and Best Poster Presentation

## Registration Fees

	Before May 30/2014	Before June 30/2014	Spot
Member APHS/HSI/IAGES	Rs. 2500	Rs. 3500	Rs. 4500
Non - Members	Rs. 3000	Rs. 4000	Rs. 5000
Accompanying Person	Rs. 2000	Rs. 3000	Rs. 4000
PG Student	Rs. 1000	Rs. 1500	Rs. 2000

Remittance Should be by Demand draft / Cheque favouring  
"HSI Kanyakumari" payable at Nagercoil

\* For PG students certificate mandatory by respective HOD.

\* CME accreditation points will be given as described by State Medical Council.

\* PG students to send presentation (oral/video) by June 25th 2014. Selected presentations will be informed by July 5, 2014.

## Hotel Tariff

Hotel Sparza	Rs. 3,800.00
Hotel Sea View	Rs. 3,500.00
Hotel Sea Sun Residency	Rs. 3,000.00

Including Taxes



# Place to Visit



**Vivekananda Rock Memorial** is a monument and it is a popular tourist attraction in Vavathurai, Kanyakumari, India. The memorial stands on one of two rocks located about 500 meters east off mainland of Vavathurai, India's southernmost tip. Specialty is Bay of Bengal, Arabian Sea and Indian Ocean can be seen from these rocks.

**Thiruvalluvar Statue** The Thiruvalluvar Statue is a 133 feet tall stone sculpture of the Tamil poet and philosopher Tiruvalluvar, author of the Thirukkural. The combined height of the statue and pedestal is 133 feet (40.5 m), denoting the 133 chapters in the Thirukkural. It has a total weight of 7000 tons. Boat service is available to reach the statue.



Padmanabhapuram Palace is located in at Padmanabhapuram Fort, close to the town of Thuckalay in Kanyakumari District, Tamilnadu, in India. It is about 20 km from Nagercoil, and about 50 kilometers from Thiruvananthapuram, Kerala.



Muttom is a beautiful village with a sandy beach on one side and a rocky beach on the other side. Due to this it attracts a lot of tourists throughout the year. Muttom has a lighthouse due to which its presence is recorded in the international shipping chart. The terrain of this village and its surroundings is hilly and from a height one can see an idyllic view of the place.



Thirparappu Waterfalls lies close to the village Kulasekaram which was ruled by kings. Thirparappu waterfall starts from the "Kodayar River" and this riverbed is about 300 meters length. The water pours down from the height of nearly 50 feet and water flows this fall about seven months in a year.

**Free** **SPECIAL TOUR**  
ARRANGEMENTS  
MADE TO  
VISIT PLACES  
OF INTEREST

Secretariat

**Dr. T Sivakumar**

**Siva Hospital**

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